

Spring 2015 Child Care Training

*A special community service
provided by the Florissant Valley
Family and Consumer Sciences
Department and Continuing
Education.*

*Funded in part by the Missouri
Department of Elementary and
Secondary Education.*

*For more information,
call Bonnie Shiller at
314-513-4391.*

*To register, call 314-984-7777.
Registration begins January 5!*

Child Care Training Locations

- **St. Louis Community College
Florissant Valley**
3400 Pershall Road, 63135
- **St. Louis Community College
Forest Park**
5600 Oakland Ave, 63110
- **St. Louis Community College
Meramec**
11333 Big Bend Road, 63122
- **St. Louis Community College
William J. Harrison
Education Center**
3140 Cass Ave, 63106
- **St. Louis Community College
South County Education
& University Center**
4115 Meramec Bottom Road, 63129
- **Hixson Middle School**
630 South Elm Ave, 63119
- **Lindbergh Senior High School**
4900 South Lindbergh, 63126



**St. Louis
Community
College**
Continuing Education

Caring for Kids

Child Safety and Supervision

A review of techniques to make supervision and safety a high priority in every childcare facility.

CCPR:702 | \$15

580 Tu 7pm-9pm Geraldine Jasper
Jan. 20 FV - CDC, 110

Discipline and Guidance of Young Children

How do you redirect children's behavior? How do you promote positive peer interactions? How do you communicate with young children and build their self-esteem? Learn new things to do and say in guiding young children.

CCPR:702 | \$30

480 Sa 9am-1pm Geraldine Jasper
Feb. 7 FP - G Tower, 119

581 Sa 9am-1pm Geraldine Jasper
March 28 FV - CDC, 112

Discipline for Young Children

Learning to manage behavior with groups of children is always a challenge. You will learn techniques to diminish targeted behaviors and promote positive peer interactions.

CCPR:702 | \$15

550 Tu 7pm-9pm Geraldine Jasper
March 10 SCEUC, 100

Discipline for Toddler and Twos

Do you think of "Terrible Toddlers and Twos" or "Terrific Toddlers and Twos?" Knowing how to manage this age group and understanding their development will get you thinking "Terrific Toddlers and Twos!" You will explore many positive ways to work with this age group.

CCPR:702 | \$15

551 Tu 7pm-9pm Geraldine Jasper
March 24 SCEUC, 100

481 Tu 7pm-9pm Geraldine Jasper
April 21 FP - G Tower, 119

550 W 7pm-9pm Geraldine Jasper
April 22 FV - CDC, DINING RM

Discipline for School-agers

Learning to manage groups of school-agers (ages 5-10) is always a challenge. We will look at ways to enrich the environment and increase developmentally appropriate choices for school-agers to reduce discipline challenges. You will gain positive techniques and tips to manage group activities and your day will go smoother.

CCPR:702 | \$15

551 Tu 7pm-9pm Geraldine Jasper
May 12 FV - CDC, DINING RM

451 Th 7pm-9pm Geraldine Jasper
May 14 FP - G Tower, 119

Making Sensory Exploration Materials: Play Dough, Goop, and More

Come to this hands-on workshop and learn the importance of sensory exploration materials in the classroom. You'll make several "mixtures" and will receive recipes for all the creative doughs.

CCPR:703 | \$15

550 Th 7pm-9pm Holly Aslin
Feb. 12 FV - CDC, 110

Parachutes, Streamers, and More: Fun Movement Activities for Young Children

Experience new, fun movement activities that you can incorporate into your daily schedule as a way to combat weight gain in children.

CCPR:703 | \$15

551 Th 7pm-9pm Holly Aslin
April 9 FV - CDC, DINING RM

Science Activities for Young Children

Science is all around us! Learn to help children explore science through a variety of hands-on activities both inside the classroom and outdoors.

CCPR:710 | \$30

480 Sa 9am-1pm Carrie Kinzel
Jan. 24 FP - G Tower, 119

Caring for Kids Program

St. Louis Community College offers a variety of workshops for those employed in the child care field or for those interested in learning more about working with children.

All clock hour training from St. Louis Community College has been approved by the Department of Health and Senior Services. Register for the workshops now -- Don't wait!

For more information, call 314-513-4391.

To register call 314-984-7777.

Messing About with Purpose

This session assists childcare providers with planning and implementing multisensory learning activities that support child development physically, cognitively, emotionally, and socially. Participants will create and manipulate different types of art mediums designed to give young children choices and a sense of control during art activities and free play in the classroom. All activities are developmentally appropriate and meet state and national standards.

CCPR:703 | \$15

650 W 7pm-9pm Latonya Brown
March 11 MC - CE Classroom

780 W 7pm-9pm Latonya Brown
April 15 Lindbergh H.S., 46

Nurturing Toddlers and Twos- Encouraging Self Help Skills

Embrace those incredible independent toddlers and twos by implementing simple self-help skills in the classroom or home. 18-month olds wiping their own nose? Absolutely! Two-year olds helping make lunch? You bet! By allowing independence you will see less temper tantrums and more smiles!

CCPR:707 | \$15

780 M 7pm-9pm
Feb. 9 Lindbergh H.S., 46

550 Th 7pm-9pm
March 5 FV - CDC, 110

550 Th 7pm-9pm
April 30 SCEUC, 100

Understanding the Temperaments of Infants and Toddlers

Infants come into the world with different temperaments that influence their behavior and relationships with their caregivers both at home and in child care. This workshop will introduce the key concepts of temperaments and temperament types. Caregivers will gain an understanding of how they can be more responsive to infants and toddlers in their care.

CCPR:707 | \$15

450 M 7pm-9pm
April 20 FP - G Tower, 119

551 M 7pm-9pm
May 11 FV - CDC, DINING RM

How to Use Music and Movement Throughout the Day

Songs and movements make transitions fun and help children tune in when they appear to be tuned out. Even if you can't sing you can make a song out of anything.

CCPR:708 | \$15

550 Th 7pm-9pm Rose Anderson-Rice
March 12 FV - CDC, 110

450 M 7pm-9pm Rose Anderson-Rice
May 4 FP - G Tower, 119

Child Care Provider: Heartsaver Pediatric First Aid CPR AED

The Heartsaver Pediatric First Aid CPR AED course is designed to meet the regulatory requirements for child care workers in all fifty United States. It teaches child care providers and others to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives. It covers the four steps of first aid and first aid skills such as finding the problem, stopping bleeding, bandaging and using an epinephrine pen, as well as child CPR AED, infant CPR and optional modules in adult CPR AED, child mask, infant mask and Asthma Care Training for Child Care Providers. Registration one week prior to course start date is required. No transfers between sessions or refunds given within five business days of class date. Due to the nature of the course you must arrive on time. No admittance after stated start time.

CCPR:711 | \$97

4D0 Sa 8:30am-4pm
Feb. 14 FP - G Tower, 121

5D0 Sa 8:30am-4pm
March 7 FV - TC, 105

6D1 Sa 8:30am-4pm
April 25 MC - CE Classroom

6D0 Sa 8:30am-4pm
Jan. 24 MC - CE Classroom

5D1 Sa 8:30am-4pm
May 16 FV - TC, 105

Supporting and Involving Families - Creating Partnerships for Learning

Families are the most important people in a child's life. Learn methods to reach out to parents and families to help them become partners in their child's education. How can you support families? What questions and concerns do parents have? How can you build and create partnerships for learning?

CCPR:714 | \$15

780 W 7pm-9pm Gina Dattilo
Feb. 4 Lindbergh H.S., 46

770 W 7pm-9pm Gina Dattilo
Feb. 11 Hixson Mid. School, 117

550 W 7pm-9pm Gina Dattilo
March 25 SCEUC, 100

450 W 7pm-9pm Gina Dattilo
April 1 FP - G Tower, 119

How and When to Talk to Parents

Gain helpful methods for communicating your concerns with parents about their child's education. Specific consultation strategies and techniques are demonstrated. Discussion of how to talk to parents to build and maintain positive relationships. Co-Sponsored by Learning Disabilities Association, Inc.

CCPR:714 | \$15

451 M 7pm-9pm
Jan. 26 FP - G Tower, 119

781 M 7pm-9pm
Feb. 23 Lindbergh H.S., 46

ATTENTION!

Bring Your State MOPD ID # to ALL Workshops.

The state is requiring the ID on the Sign-In Sheet for all clock-hour training.

To obtain or to look up your MOPD ID # go to www.openinitiative.org

Child Care Providers Saturday Seminars

Six clock hours for each program

Nature and Young Children Seminar

The morning session: No Child Left Inside- Outdoor Play to Explore Nature and Science! Explore the natural world outside through new fun science activities you can integrate into your daily schedule. Help children wonder, explore, and discover with hands-on activities planned for the outdoors. The afternoon session: Connecting with Nature- Gardening and Cooking with Children! Encourage healthy eating as you help children learn about fruits and vegetables; and take produce from the garden to the table. Hands-on simple recipes, cooking activities and gardening tips will be shared. Our goal is to encourage children to learn to taste, eat and enjoy more fruits and vegetables. You will see new teaching materials- "Early Sprouts Cook Book" and "Lana's Favorite Recipes." Box lunch included.

CCPR:710 | \$43

580	Sa 9am-3:30pm March 14	Geraldine Jasper FV - CDC, 112
680	Sa 9am-3:30pm April 18	Geraldine Jasper MC - BA, 118

The Beautiful Brain: The First Three Years of Life

Do you know how the infant brain develops? The risk factors to healthy brain development? What caregivers and parents can do to encourage brain development? Examine hot topics in brain research and discover how to establish patterns for early learning. Box lunch included.

CCPR:712 | \$43

580	Sa 9am-3:30pm Jan. 31	FV - CDC, 112
680	Sa 9am-3:30pm May 9	MC - SO, 108

**Sack lunch is provided.
For complete schedule and
registration brochure, call 314-
513-4391.**

Registration begins January 5.

Call 314-984-7777 to register

Encouraging the Love of Books for Preschoolers

Learn how to grow readers by engaging your preschoolers with stories, books, nursery rhymes and other activities that help promote the reading readiness skills. Participants in the workshop will explore high quality children's books, discover new ways to make books and stories come alive, and learn how to make connections between books and the child's world. Participants will take home a wealth of ideas and a variety of books to use with preschoolers. Presented by Annette Harrison, dynamic educator and storyteller. This class is designed for preschool teachers and caregivers. Co-sponsored by the Missouri Humanities Council.

CCPR:718 | \$25

680	Sa 12pm-3pm March 7	Annette Harrison MC - Library, CNFL
480	Sa 12pm-3pm April 11	Annette Harrison FP - SC, 032

The class will be held in the Student Center, Cafe West.

Encouraging the Love of Books for Infants and Toddlers

Learn how to start growing readers by introducing babies and toddlers to stories, books, nursery rhymes, and activities that promote language development. In this highly interactive workshop you will learn how to connect very young children's real life experiences to rhymes and finger plays and to books and stories. Participants will take home lots of ideas and even books to use with babies and toddlers. Presented by Annette Harrison, dynamic educator and storyteller. This class is designed for infant/toddler teachers and caregivers. Co-sponsored by the Missouri Humanities Council.

CCPR:718 | \$25

580	Sa 12pm-3pm Jan. 17	Annette Harrison FV - CDC, DINING RM
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Language Development- Phonological Awareness and Alphabetical Knowledge

Discussion of language development in pre-school years. Provides specific tools to encourage phonological awareness and alphabetical knowledge. Co-sponsored by St. Louis Learning Disabilities Association.

CCPR:718 | \$15

770	M 7pm-9pm March 23	Hixson Mid. School, 117
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Language Development- Birth to Age Five

This workshop discusses brain development, the importance of reading to language development, age appropriate books, developmental milestones, and appropriate activities for each milestone. Co-Sponsored by St. Louis Learning Disabilities Association.

CCPR:718 | \$15

781	M 7pm-9pm March 9	Lindbergh H.S., 46
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Emergent Literacy - Helping Children Want to Become Readers and Writers

What are literacy, emergent literacy, intentional teaching or Missouri standards? Come explore new ways to think about literacy and language. You will gain creative ideas for helping young children want to become readers and writers. With hands-on activities in the book/library center, art/writing center, and through-out the classroom children become engaged in emergent literacy.

CCPR:718 | \$15

550	W 7pm-9pm Feb. 18	Gina Dattilo SCEUC, 100
780	W 7pm-9pm May 13	Gina Dattilo Lindbergh H.S., 46

Asking Questions: Encouraging Children's Thinking

Learn many techniques for asking questions in your everyday activities with children throughout all the learning areas: blocks, dramatic play, books, science and others. Encourage critical thinking, creativity and problem-solving by asking questions.

CCPR:721 | \$15

550	Tu 7pm-9pm Feb. 3	Geraldine Jasper FV - CDC, 110
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Understanding Autism

Characteristics of autism spectrum disorder and how symptoms can affect each child in a unique way will be discussed. You will learn of methods for working with these children and available community resources. Co-sponsored by St. Louis Learning Disabilities Association, Inc.

CCPR:723 | \$15

551	Th 7pm-9pm Feb. 26	FV - CDC, 110
770	M 7pm-9pm April 13	Hixson Mid. School, 117
351	Tu 7pm-9pm May 5	WW, 208

Understanding ADHD: Attention Deficit Hyperactivity Disorder

Characteristics of ADHD and how symptoms can affect each child in unique ways will be discussed. You will learn techniques for coping with behavior and receive resources for additional help. Co-sponsored by St. Louis Learning Disabilities Association, Inc.

CCPR:723 | \$15

550	Th 7pm-9pm Jan. 22	FV - CDC, 110
650	M 7pm-9pm April 27	MC - BA, 112

Planning Transitions to Prevent Challenging Behaviors

Transitions are the times in the day when children move or change from one activity to another. Challenging behavior is more likely to occur when transitions are not planned as part of the daily schedule. Through this workshop, you will gain a "transition tool kit" of ideas to make your transition times go more smoothly.

CCPR:724 | \$15

780	W 7pm-9pm May 6	Holly Aslin Lindbergh H.S., 46
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Surviving Nap time: Creative Ways to Make Nap time a Pleasant Experience

Learn to make nap time a peaceful and relaxing experience for both children and adults. You'll discuss appropriate expectations.

CCPR:727 | \$15

550	Th 7pm-9pm Feb. 19	Geraldine Jasper FV - CDC, 110
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Promotion and Professionalism: How to Advance in the Workplace

"Would you tell me please, which way I ought to go from here?" "That depends a good deal on where you want to get to," said the cat. (Lewis Carroll, Alice's Adventures in Wonderland) Where do you stand in your professional status? Are you a professional or a babysitter? What do you aspire to do? How can you chart a course for your career in Early Childhood Education? In this workshop, you'll explore these questions, examine professional development pathways, options, and roadblocks, and determine a road map for your future.

CCPR:765 | \$25

580	Sa 9am-12pm April 25	Donda Miller FV - CDC, 112
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Notice of Non-Discrimination

St. Louis Community College is committed to non-discrimination and equal opportunities in its admissions, educational programs, activities and employment regardless of race, color, creed, religion, sex, sexual orientation, national origin, ancestry, age, disability, genetic information or status as a disabled or Vietnam-era veteran and shall take action necessary to ensure non-discrimination. For information contact: Corporate College Lesley English-Abram, Manager, Community Services STLCC Corporate College, 3221 McKelvey Road, Bridgeton, MO 63044 314-539-5480, labram@stlcc.edu

Accommodations Statement

St. Louis Community College is committed to providing access and reasonable accommodations for individuals with disabilities. If you have accommodation needs, please contact the Continuing Education Access office at least six weeks prior to the start of class to request accommodations. Event accommodation requests should be made with the event coordinator at least two working days prior to the event. Documentation of disability may be required. Contact Anne Marie Schreiber at 314-984-7704.



Mail

Complete the registration form (below) and mail with check (*payable to St. Louis Community College*) to:

STLCC Continuing Education, 3221 McKelvey Road, Suite 250, Bridgeton, MO 63044

Students who register by mail should assume they are registered unless otherwise notified. A registration confirmation is mailed to students who register by mail; however, the confirmation may not be received prior to the beginning of the class. If you have enrollment questions, please call Continuing Education: 314-984-7777.



In Person at STLCC Continuing Education Offices M-F 8:30 am - 4 pm

Meramec

802 Couch Avenue
St. Louis, MO 63122

Florissant Valley

At the Center for Workforce Innovation
3400 Pershall Rd., Ferguson, MO 63135

Forest Park

Forest Park, G Tower-320-322
5600 Oakland Ave., St. Louis, MO 63110

You may want to first call the Continuing Education office at 314-984-7777, to check that openings exist.



By Phone

Call to complete your
registration by charging
fees to MasterCard,
Visa, American Express
or Discover.

Telephone: 314-984-7777

Call Center Hours: M-Th 8:30 am - 7:30 pm; Fridays 8:30 am-4 pm

Before calling to register, have this information ready:

1. Course Title / Course Code (letter prefix with number) / Section Number

3. Student Number/UIN

2. Student Contact Info (name / address / phone number /email)

4. Credit Card Number with Expiration Date

Mail-In Registration form Please print in ink.

Please register me for the following courses:

Course Code	Section	Course Title	Day/Time	Fees
Total				

☐ Male ☐ Female

Senior Citizen?

☐ Yes ☐ No

Check Payment:

Please make checks payable to St. Louis
Community College, and mail with form
(address above).

Credit Card Payment:

Charge fees to:

- ☐ MasterCard
☐ VISA
☐ Discover
☐ American Express

Email Address: _____

Student#/UIN: _____ Birthdate: _____

Name: _____
LAST FIRST MIDDLE INITIAL

Address: _____
STREET OR POST OFFICE BOX

CITY STATE ZIP CODE

Telephone/Home: _____ Work: _____

CARD NUMBER Expiration Date: _____

Signature: _____

Mail-In Registration form Please print in ink.

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☐ American Express

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Name: _____
LAST FIRST MIDDLE INITIAL

Address: _____
STREET OR POST OFFICE BOX

CITY STATE ZIP CODE

Telephone/Home: _____ Work: _____

CARD NUMBER Expiration Date: _____

Signature: _____